



Good health may be its own reward,  
but earning a hotel stay isn't bad either.

Take your online Health Assessment today. Click on HumanaVitality Login at [livingwell.ky.gov](http://livingwell.ky.gov).

Questions?  
Ask your Vitality Champ®  
Contact:

Complete your HumanaVitality® Health Assessment today and start earning rewards.

Vitality Points™ become Vitality Bucks®, which can be redeemed\* for everything from gift cards and movie tickets to hotel stays.

Do it for yourself – and the ones you care about.

Take your online Health Assessment. **Go to [livingwell.ky.gov](http://livingwell.ky.gov).  
Click on HumanaVitality Login.**

**Humana Vitality**

*LivingWell*.ky.gov



\*Members must be in Bronze Vitality Status™ or higher to redeem Vitality Bucks.

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